

The Autism Spectrum disorders - ASD - are neurodevelopmental disorders with a range of clinical presentations, function and outcome. Individuals with autism present difficulties with regard to verbal and non-verbal social communication and interaction and restrictive or repetitive interests, behaviors or movements.

The role of the family is crucial for meeting globally the needs of autistic persons: parents, constitute the main supportive and continuous care provision system, while ensuring efficient collaboration with the health and education professionals caring for their child. Parental training is one of the factors enabling the optimal adaptation of parents to their child's autism diagnosis, their ability to support the treatment and collaborate constructively with the respective professionals.

The IPAT project, implemented in four European countries, aims to train parents with an autistic child, in order to decrease the parental stress and improve their quality of life. IPAT aims to produce the following results:

Needs Assessment Resource document – Literature Review and Parents' Focus groups

1 A literature review will be implemented, focused on the training needs of parents of autistic individuals. The needs assessment will be complemented by the organization of a focus group in each country.



Integrated Parents' Autism self –Training digital Tool – IPATT

Freely accessible & developed in a transnational setting, the IPATT is meant to be used for the self-training of parents.



3

Documentation of results - Evaluation and report of the Project

The documentation of results is guided by the need to document the effectiveness of a new training Module, the usefulness & acceptance of a new self-training tool & the satisfaction of the users. The conclusions & recommendations aims at enhancing the validity of the effect & supporting the broader use of the IPAT & the IPATT.



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Integrated Parents' Autism Training Module - IPAT Module

2 The IPAT Module will be developed as a standard training package. The Module will be based on recent and real time evidence, generated in a transnational setting

